

# Safe Helpers and Appropriate Touch Activities Guide

## 1. Does the student know who is in their safe circle/private helpers are?

- Watch the videos and share the social stories with your student.
- Use the people visuals to talk about who is in their safe circle/private helper.
- Match these visuals onto the templates.
- If you can, get real photos of people in the students life and complete the same activity.

Please Note: It is important to review and go over this information with the student regularly.

## 2. Does the student know about giving and receiving consent?

- Watch the videos and share the social stories with your student.
- Model asking for consent each time you are assisting your student.
- Use the consent visuals and have a conversation around action displayed. Pair these with the people visuals and talk about how the consent may change.
  - Use 'Yes' and 'No' and responses to consent.